

## Abound Parenting-ABRSD News

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- **This week's academic vocabulary word is FOCUS.** Here are 2 ways to give your child extra opportunities to hear and use the word **FOCUS**!
  - ◆ *If you are having trouble **FOCUSING** on something you need to get done, what do you do to help yourself concentrate? Does it help to be in a quiet space when you're trying to **FOCUS**?*
  - ◆ *When you're learning something new, you have to **FOCUS** on it and spend time practicing. Can you think of something you learned for the first time and had to really **FOCUS** to get good at it?*
    - *Remind your child that the word **FOCUS** means to concentrate hard or put your attention on one thing.*
- **How else can you build your child's reading skills through TALK?**
  - Try these questions taken from different TalkOn age groups this week!
    - ◆ *Let's think of a word that rhymes with **drum** and describes what you might do when you don't know all the words to a song! (hum) What sound does that word begin with? (/h/)*
    - ◆ *Sounds are all around us, but we only call some of those sounds **music**. What would you say is the difference between a regular old sound and music?*
    - ◆ *When people listen to music, their brains release **dopamine**, which is a hormone in the body that makes people feel good. Can you think of a time when you were listening to music and felt **really happy** inside?*

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Use the code you receive from your child's teacher  
& follow instructions to download app.  
Questions? Write to [sue@aboundparenting.com](mailto:sue@aboundparenting.com)

